

About Neston Angels

Loneliness affects lots of people. Older people in particular can become more and more isolated as families move away and their mobility and confidence deteriorates.

Neston Angels aims to improve the wellbeing of older people in CH64 through its various support services and activities.

We provide a variety of affordable activities bringing people together who live alone through regular social events and one to one support from our team of local volunteers.

From a weekly social visit from a befriender, to shopping support, to social groups, there is something for everyone and they can make a huge difference to someone who spends much of their time alone.

The service is non-profit and is funded through income generated by the activities and donations.

For more information please call Neston Angels coordinator on 0151 336 7805



How to support us

We rely on your support to ensure we can continue to provide our services.

There are many ways you can support us:
www.ncyc.charity/supportus

- **Volunteering** – become a befriender or help to run our social activities. Contact Barry@nestoncyc.org.uk for an informal chat

- **Become an NCYC member** – various levels of membership with benefits

- **Donate** – £26 would pay for one full circle social meeting.

£20.80 would pay for 8 letters exchanged between an older person and a local schoolchild as part of our Silvermail scheme.

£25 would pay for an older person to receive a weekly visit from a befriender for 1 month.

- **Join our 100 club** – Call 0151 336 7805 for more information.

Charity No. 1117890
Company Limited by guarantee
No. 06052346
Address: NCYC Ltd, Burton Road,
Neston, CH64 9RE
Tel: 0151 336 7805
Website: www.ncyc.charity
Facebook: www.facebook.com/NestonCYC/

Services and activities for CH64 residents



Neston Angels





One to One Support

Neston Angels provides three levels of one to one support:

Phone befriending

Receive a weekly phone call from one of our volunteers. You will be matched with a volunteer with similar interests
FREE to access however donations welcome to cover overheads.

Face to face befriending

Receive a weekly home visit or meet your befriender somewhere locally for some company. You will be matched with a befriender with similar interests.
FREE however a suggested donation of £25 per month is encouraged to cover overheads.

Befriending and Shopping support

Receive a weekly home visit from a befriender. Every other visit will include the befriender doing your food shopping for you, delivering to your door and helping you to put it away.
£50 per month.

Contact the Neston Angels Coordinator on 0151 336 7805 for more information.

Social activities and Groups

All our activities and social groups below occur on a Tuesday at NCYC unless stated. Booking essential for all activities/groups.

Senior Social – £3

Join us every month for a quiz, games, friendly chat and a cuppa and cake.
We occasionally have entertainment such as a guest speaker.

Supported Senior Social – £4 (carer free)

Like our senior social but for those that need a carer to attend with them.

Senior matinee – £5

Join us every month at our café style cinema and watch a film in a relaxed atmosphere.

Day trips – £15 to £30

Join us every month on a day trip, from canal boat trips to shopping, to visiting a place of interest, there's something for everyone. You will travel by minibus with others and be supported by volunteers.

Please bring your own refreshments.

Please note that we cannot provide care or mobility assistance.

Contact the Neston Angels Coordinator on 0151 336 7805 for more information and to book



Social activities and Groups

Art Club – £55 for an 11 week course or £5 per session

Learn art techniques and styles with local artist, Sophie. Suitable for complete beginners to experienced artists.
Materials provided.
Fridays at NCYC.

Crafting together – £3

Bring your craft project along or take part in mindful colouring in a relaxed atmosphere.
Share your skills with others and make new friendships
Mondays at NCYC.

All our activities and social groups below are subsidised by the Charity and **FREE** to attend.

Silvermail – FREE

Help improve children's reading and writing by being a penpal to a local child. Exchange letters every half term and met your penpal at annual get-togethers.

Full Circle Intergenerational Social – FREE

For parents with children under 3 and older people. Bringing three generations together to share knowledge, create friendships and connect with others.

Hallwood Court every Wednesday.

Contact the Neston Angels Coordinator on 0151 336 7805 for more information and to book.

